



# HEALTH CARE



## Free/Low-Cost Care

### NYC Care

#### NYC Health & Hospitals

Health care access program that guarantees low-cost and no-cost services to New Yorkers who do not qualify for or cannot afford health insurance. Offers membership card and option to choose your own doctor.



## New York City

#### Eligibility:

- Live in 5 boroughs of NYC
- No insurance and not eligible for most plans

#### How to Apply:

- Visit <https://www.nyccare.nyc/enroll>
- Call **(646) 692-2273**

Se habla español. | Kreyòl yo pale.  
Other languages available.



## Medical Debt Support

### DollarFor

A national nonprofit that helps patients apply for charity care/financial assistance to reduce medical bills. Clients can apply on their own or be connected to a volunteer advocate for more support.



## National/Online

#### Eligibility:

- Low to moderate income
- Qualifying hospitals/centers (8,200 nationwide)
- Click [here](#) to check

#### How to Apply:

- Visit <https://dollarfor.org>
- Email [support@dollarfor.org](mailto:support@dollarfor.org)
- Se habla español



## Eyeglasses

### E-Voucher

#### New Eyes

Free voucher for 1 pair of eyeglasses. Website offers links to find free eye exams in your area.



## National

#### Eligibility:

- Current prescription dated within past 24 months
- Low income (less than 250% of federal poverty line)

#### How to Apply:

- Visit <https://new-eyes.org/application>

**Alternate Option:** For low-cost eyeglasses (starting at \$7), browse online at Zenni Optical  
<https://www.zennioptical.com/>

# RESOURCE GUIDE



## HEALTH CARE

### **Dental Care**

#### **Family Health Centers**

#### **NYU Langone**

Sliding-scale costs for preventative dental care, orthodontics, and cosmetic procedures, offered at community centers and run by NYU's dental teaching school.

### **Brooklyn**

#### **Locations:**

Sunset Park | Seventh Avenue | Flatbush  
Park Ridge | Park Slope | Sunset Terrace  
Southwest Brooklyn

#### **Schedule An Appointment:**

- Call **718-630-6875**
- Click [here](#) for online directory of dentists
- Se habla español. | Other languages available.

**Not In Brooklyn?** Search for community clinics in your area with: <https://www.freedentalcare.us/>

### **Medicare Assistance (Disabled/Aging Adults)**

#### **National Hotline**

#### **Medicare Rights**

Trained staff and volunteers help callers understand Medicare benefits, determine coverage, make enrollment decisions, and coordinate Medicare with other insurance.

### **National/Online**

#### **Other Services**

- Online Learning Resource
- Newsletters, Webinars, and Events

#### **Contact Information:**

- Visit <https://www.medicarerights.org>
- Call **(800) 333-4114**
- Se habla español - presione el "8"